

THE WROXHAM BENEFICE

Sunday 8th August 2021 Tenth Sunday after Trinity

A warm welcome to our service this morning. It is good to have you here.

For **NHS Test and Trace** purposes you are invited to give your details. There is no obligation to do this, but it is helpful for keeping each other safe. The easiest way is to use the NHS App on your phone on the QR code at the door.

Alternatively, you can fill in one of the forms. If you do this, your details will only be used for the purpose of Test and Trace and will be destroyed after 21 days.

Thank You!

A huge **THANK YOU** to the small, hardworking team that helped clear the gulley at St. John's. We managed to clear almost all the way round but there are a few weeds to pull out at the back if anyone has a spare 10 minutes. My thanks too to Edna who arrived with much needed and much appreciated refreshments at 10.15.

Thank you all, Sue

Forthcoming Services

August 8 th	10am	Hoveton St John
August 15 th	10am	Tunstead
August 22 nd	10am	Wroxham
August 29 th	10am	Hoveton St Peter

For Home Communion, Baptisms, Weddings and Funerals, please contact the Rector Revd Elizabeth Jump 01603 784150 rector@wroxhambenefice.org

For our Prayers

All those who ask for our prayers

Helen Dellar, Margaret Wheeler, Claire Firrell, Queenie Whayman, Ros Durrant, Alyssa, Simon, Bonnie Davies, Bob Shaw, Barbara Mowat, Christine Goodhew, Pauline Willis, Joan Willis, Lilian Pointer, Richard Wilson, Alan Chambers

All who have died recently

Sheila Hurrell

All whose anniversaries occur at this time

Derek Tilson, Michael Webster, Hendry Wright, Sheila Musgrove

Deanery Prayer Calendar

9th August – 15th August

- The Smallburgh Benefice.
- The residents and staff at residential and care homes
- Families and young people of the Deanery

Funeral and Memorial Services

Sheila Hurrell's funeral service will take place at St Faith's at 11am on Tuesday 10th August. There are no current restrictions on numbers. If anyone would like a lift, please just contact Liz.

Rosalind France's memorial service will take place in Hoveton St John at 11.30am on Wednesday 18th August. The family wanted to provide a service for those who couldn't attend Rosalind's funeral due to COVID, and hope that many of her friends from the different groups she was involved with will attend so do please share the information with any who might like to be there.

Any items for the news sheet can be sent to Liz by phone or by email. Please get them to me by Wednesday evening.

01603 784150 rector@wroxhambenefice.org

COVID-19 – moving forward steadily and safely

In this benefice, along with the majority of churches, we are proceeding with caution. We suggest the following.

HANDS: Please clean your hands with the hand sanitiser provided as you enter the Church

FACE: We strongly encourage you to continue using a face covering while there are other people around

SPACE: Please be respectful that others may not feel as comfortable being close together as you may do

For the time being we continue to receive Communion in one kind, standing as before.

We encourage you to continue to share the peace in our COVID safe, socially distanced way for now.

We are singing hymns again, and you are encouraged to wear masks.

As we move forward we will continue to listen to how people are feeling about the changes, so do let me know your thoughts.

Liz

Recycling at the Co-op

At present there are some plastics that can't go into your recycling bin – the soft plastics like crisp packets, bread bags, fruit and veg bags and nets among many more! The Co op are running a scheme to collect these for specialist recycling, and you can drop these items off locally at Co op Funeral Services (Broadlands Funeral Care) at 102 Norwich Road, Wroxham, who will deliver them to the Co op store for you. If you want to know more about which plastics you can recycle check out coop.co.uk/soft-plastics

Please, no compostable carrier bags or wrappers, plastic bottles or plastic trays.

Collect and Readings

COLLECT

Lord of heaven and earth,
as Jesus taught his disciples to be persistent in prayer,
give us patience and courage never to lose hope,
but always to bring our prayers before you;
through Jesus Christ our Lord.

OLD TESTAMENT 1 Kings 19:4-8

But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O Lord, take away my life, for I am no better than my ancestors.' Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get up and eat.' He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said, 'Get up and eat, otherwise the journey will be too much for you.' He got up, and ate and drank; then he went in the strength of that food for forty days and forty nights to Horeb the mount of God.

NEW TESTAMENT Ephesians 4:25-5:2

So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tender-hearted, forgiving one

another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

GOSPEL John 6:35,41-51

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' Jesus answered them, 'Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

POST COMMUNION PRAYER

God of our pilgrimage,
you have willed that the gate of mercy
should stand open for those who trust in you:
look upon us with your favour
that we who follow the path of your will
may never wander far from the way of life;
through Jesus Christ our Lord.

Hymns

As the deer pants for the water

As the deer pants for the water,
So my soul longs after you.
You alone are my heart's desire
And I long to worship you.

*You alone are my strength, my shield,
To you alone may my spirit yield.
You alone are my heart's desire
And I long to worship you.*

I want you more than gold or silver,
Only you can satisfy.
You alone are the real joy-giver
And the apple of my eye.

You're my friend and you are my brother,
Even though you are a king.
I love you more than any other,
So much more than anything.

Lord of all hopefulness

Lord of all hopefulness, Lord of all joy,
Whose trust, ever childlike, no cares could destroy,
Be there at our waking, and give us, we pray,
Your bliss in our hearts, Lord,
At the break of the day.

Lord of all eagerness, Lord of all faith,
Whose strong hands were skilled at the plane and the lathe,
Be there at our labours and give us, we pray,
Your strength in our hearts, Lord,
At the noon of the day.

Lord of all kindness, Lord of all grace,
Your hands swift to welcome, Your arms to embrace.
Be there at our homing, and give us, we pray,
Your love in our hearts, Lord,
At the eve of the day.

Lord of all gentleness, Lord of all calm,
Whose voice is contentment, whose presence is balm,
Be there at our sleeping, and give us, we pray,
Your peace in our hearts, Lord,
At the end of the day.

Great God, your love has called us here

Great God, your love has called us here,
as we, by love for love were made.
Your living likeness still we bear,
though marred, dishonoured, disobeyed.
We come, with all our heart and mind
your call to hear, your love to find.

Great God, in Christ you call our name
and then receive us as your own,
not through some merit, right or claim,
but by your gracious love alone.
We strain to glimpse your mercy seat
and find you kneeling at our feet.

Then take the towel, and break the bread,
and humble us, and call us friends.
Suffer and serve till all are fed,
and show how grandly love intends
to work till all creation sings,
to fill all worlds, to crown all things.

Great God, in Christ you set us free
your life to live, your joy to share.
Give us your Spirit's liberty
to turn from guilt and dull despair
and offer all that faith can do
while love is making all things new.